



Strategy: Identify and Use Strengths



"I BELIEVE IN MYSELF AND MY IDEAS."



1 Take the High 5 Strength Assessment.
www.high5test.com/test

2 Select 3 strengths and use information from the report to complete the sentence stems below.

<p>Strength 1</p> <p>I am a(n)</p>	<p>Being _____ (strength)</p> <p>helps me _____ (text from strength finder)</p> <p>I will _____ in order to (how I will use the strength)</p> <p>_____</p> <p>(an outcome I want to achieve)</p>
<p>Strength 2</p> <p>I am a(n)</p>	<p>Being _____ (strength)</p> <p>helps me _____ (text from strength finder)</p> <p>I will _____ in order to (how I will use the strength)</p> <p>_____</p> <p>(an outcome I want to achieve)</p>
<p>Strength 3</p> <p>I am a(n)</p>	<p>Being _____ (strength)</p> <p>helps me _____ (text from strength finder)</p> <p>I will _____ in order to (how I will use the strength)</p> <p>_____</p> <p>(an outcome I want to achieve)</p>