



Strategy: Visualize Success



"I CAN PRACTICE AND LEARN NEW THINGS."



- 1 Sketch the future moment when you've succeeded in overcoming your challenge, solved your problem, or achieved your goal.

Quick Sketch



"I CAN PRACTICE AND LEARN NEW THINGS."



- 2 Write a description of the future moment when you've succeeded in overcoming your challenge, solved your problem, or achieved your goal.

Include details such as: What do you see? What are you doing? Who else is there? What are they doing? What are your thoughts? How do you feel?

Descriptive Writing
