



# Strategy 1: Challenge Statement and The Power of Yet



## "I CAN PRACTICE AND LEARN NEW THINGS."

- 1 **Personal** Brainstorm challenges and goals you may have in your personal life. This could be skills you want to acquire or improve as well as challenging situations you'd like to work on.

<b>Health</b> Ex. Exercise more	
<b>Finance</b> Ex. Save more money	
<b>Relationships</b> Ex. Spend more time with friends	
<b>Hobbies</b> Ex. Learn to play an instrument	
<b>Other</b>	



# Strategy 1: Challenge Statement and The Power of Yet



2

**Professional** Think about your work in education and brainstorm challenges and goals. This could be skills you want to acquire or improve as well as challenging situations you'd like to work on.

<b>Work Relationships</b> Ex.	
<b>Knowledge &amp; Skills in my field</b>	
<b>Other work related challenges or goals</b>	

3

**Challenge Statement** Select one challenge or goals that is meaningful, relevant, and that you would like to spend time working on. Create a challenge statement that includes the word 'yet' at the end. Use a sentence stem below or create your own.

I want to (insert personal or professional challenge), but I don't know how, yet.

I need to (insert personal or professional challenge), but I'm not there, yet.

My challenge statement is: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_